

PLEASE READ CAREFULLY AND KEEP THIS PACKAGE INSERT FOR FUTURE REFERENCE.

BAUSCH + LOMB

Bio  
true™  
multi-purpose solution

Conditions, Cleans, Removes Protein, Disinfects, Rinses and Stores.

**Directions:** To condition, clean, remove protein and disinfect lenses, complete these simple steps. This daily regimen is recommended by Bausch + Lomb for a healthy and comfortable contact lens wearing experience:

**STEP 1:** Place at least 3 drops of Biotrue multi-purpose solution on each side of lens surface and gently rub for 20 seconds.

**STEP 2:** Thoroughly rinse each side of the lens for 5 seconds with Biotrue multi-purpose solution.

**STEP 3:** Place cleaned contact lenses in the lens case and fill with fresh Biotrue multi-purpose solution. Soak at least 4 hours. Remember to always use fresh solution - discard solution from lens case after each use.

Your lenses are now ready to wear. If any debris remains on contact lenses, rinse with Biotrue multi-purpose solution prior to insertion.

Always follow your eye care professional's instructions. Based upon your individual tear chemistry and lens-wearing schedule, your eye care professional may recommend additional products or procedures.

If not wearing contact lenses immediately, store them in a closed lens case. Do not store your lenses in simple saline in place of Biotrue multi-purpose solution. Saline solution will not disinfect.

Lenses may be stored in the unopened case until ready to wear, up to a maximum of 30 days. If you store your lenses for longer periods of time, they must be cleaned and disinfected with fresh Biotrue multi-purpose solution prior to lens insertion.

**Contents:** A sterile, isotonic solution that contains hyaluronan, sulfobetaine, poloxamine, boric acid, sodium borate, edetate disodium and sodium chloride and preserved with a dual disinfection system (polyaminopropyl biguanide) 0.00013% and polyquaternium 0.0001%.

**Actions:** When used daily, Biotrue multi-purpose solution dissolves protein and cleans, loosens and removes accumulations of film, debris and deposits from soft contact lenses. Biotrue multi-purpose solution helps prevent the formation of irritating deposits on the lens surface. It kills harmful microorganisms on the lens. While your lens is soaking, the formula envelops the lens in a moisture-rich cushion to help the lens remain comfortable throughout the day. Biotrue multi-purpose solution can also be used to rinse lenses.

**Biotrue Benefits:** Inspired by the biology of your eyes™. Biotrue multi-purpose solution incorporates a lubricant also found in your eyes, and is balanced to match the pH of healthy tears. Biotrue multi-purpose solution cushions and rehydrates lenses for comfortable wear. Biotrue multi-purpose solution helps prevent certain tear proteins from denaturing for clean lenses and inhibits the formation of deposits that can cause discomfort and can shorten lens wearing time. By keeping lenses hydrated and clean, Biotrue multi-purpose solution makes wearing contact lenses comfortable all day. Biotrue. A solution that works like your eyes.

**Indications (Uses):** Biotrue multi-purpose solution is indicated for use in the daily conditioning, cleaning, removal of protein deposits, rinsing, chemical (not heat) disinfection, and storage of soft (hydrophilic) contact lenses, including silicone hydrogel contact lenses, as recommended by your eye care practitioner.

**Contraindications (Reasons not to use):** If you are allergic to any ingredient in this product, do not use.

**WARNINGS: PROBLEMS WITH CONTACT LENSES AND LENS CARE PRODUCTS COULD RESULT IN CORNEAL INFECTION AND/OR ULCER AND LEAD TO LOSS OF VISION.** It is essential that you follow your eye care practitioner's directions and all labeling instructions for proper use of lenses and lens care products, including the lens case.

Eye problems, including corneal ulcers, can develop rapidly and lead to loss of vision. Daily wear lenses are not indicated for overnight wear and should not be worn while sleeping. Clinical studies have shown the risk of serious adverse reactions is increased when these lenses are worn overnight. Extended wear lenses should be regularly removed for cleaning and disinfection or for disposal and replacement on the schedule prescribed by your eye care professional. Clinical studies have shown that there is an increased incidence of serious adverse reactions in extended wear contact lens users as compared to daily wear contact lens users. Studies have also shown that the risk of serious adverse reactions increases the longer extended wear lenses are worn before removal for cleaning and disinfection or for disposal and replacement. Studies have also shown that smokers have a higher incidence of adverse reactions. If you experience eye discomfort, excessive tearing, vision changes, redness of the eye, immediately remove your lenses and promptly contact your eye care professional. It is recommended that contact lens wearers see their eye care professional twice each year, or if directed, more frequently.

You should follow the complete recommended lens rubbing and rinsing times in the product labeling to adequately disinfect your lenses and reduce the risk of contact lens contamination. Reduced rubbing or rinsing time may not adequately clean your lenses.

You should fill your lens case with fresh solution every time you store your lenses, and never "top-off" or re-use solution. You should discard your solution immediately after your lenses have been removed from the lens case. You should not expose or store your lenses in or rinse your lens case with any water, such as tap, bottled or distilled, or with any non-sterile solution.

Clean, rinse and air-dry your lens case each time you remove your lenses. In order to permit excess solution to drain, you can flip over your lens case while air drying. Replace your lens case frequently, depending upon your hygiene habits.

**Failure to discard solution from lens case after each use or use of water to care for your lenses may lead to contamination resulting in eye injury and potential loss of vision. See accompanying instructions for additional important safety information.**

**Important Safety Information:**

- Always follow the product directions for use. Failure to follow product directions may lead to vision loss.
- Visit your eye care practitioner regularly.
- Always wash and dry hands before handling lenses.
- Do not use tap water, bottled water or saliva with lenses or lens case.
- Only use fresh solution to clean and disinfect contact lenses.
- Always discard any remaining solution in your lens case after each disinfection cycle.
- Saline or rewetting drops will not disinfect your lenses.
- Always replace your solutions, lenses and lens case as directed.
- To avoid contamination, do not touch tip of container to any surface. Replace cap after using.
- Do not use with heat (thermal) disinfection.

**Precautions:**

- Always discard solution from lens case after each use.
- Keep the bottle tightly closed when not in use.
- Store solution at room temperature.
- Use before the expiration date marked on the carton and bottle.
- Discard any remaining solution 90 days after opening.
- Keep out of reach of children.

**Adverse Reactions (Problems and what to do):** The following problems may occur: eyes sting, burn or itch (irritation), comfort is less than when lens was first placed on the eye, feeling of something in the eye (foreign body, scratched area), excessive watering (tearing) of the eye, unusual eye secretions, redness of the eye, reduced sharpness of vision (poor visual acuity), blurred vision, rainbows or halos around objects, sensitivity to light (photophobia), or dry eyes.

If you notice any of the above:

**Immediately remove your lenses.**

- If the discomfort or problem stops, then look closely at the lens.
- If the lens is in any way damaged, do not put the lens back on your eye. Place the lens in the storage case and contact your eye care practitioner.
- If the lens has dirt, an eyelash, or other foreign body on it, or the problem stops and the lens appears undamaged, thoroughly clean, rinse and disinfect the lens, then reinsert it.
- If the problem continues, immediately remove the lens and consult your eye care practitioner.

If any of the above symptoms occur, a serious condition such as infection, corneal ulcer, neovascularization or iritis may be present. Seek immediate professional identification of the problem and prompt treatment to avoid serious eye damage.

**Good lens care hygiene:**

- Always wash and rinse your hands before you handle your lenses.
- Clean, rinse and disinfect your lenses each time you remove them.
- Always handle the same lens, the right or the left, first in order to avoid mixups.
- After use, always empty and rinse the lens case with fresh Biotrue multi-purpose solution, and allow to air dry.

**How supplied:** Biotrue multi-purpose solution is available for purchase in sterile 2 Fl. Oz. (60ml), 4 Fl. Oz. (118ml), 10 Fl. Oz. (296ml) and 16 Fl. Oz. (473ml) plastic bottles. Bottles and cartons are marked with a lot number and expiration date.

Toll Free Product Information Call: 1-800-553-5340

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